

NOVEMBER

				1 BLT Wrap Spinach Salad Pears
4 Waffles with Berries Sausage Yogurt Vegetable Juice	5 NO LUNCH ELECTION DAY	6 Sloppy Joe Baked Potato Broccoli Grapes	7 Breaded Chicken Breast Pasta Green Beans Pineapple	8 Quiche Lorraine Salad Whole Wheat Roll Apple
11 VETERANS DAY NO LUNCH SAC BUILDING CLOSED	12 BBQ Pork Sandwich Sweet Potato Cauliflower Banana	13 Cheese Stuffed Shells Italian Sausage Broccoli Apple	14 Meatloaf Mashed Potatoes Peas Peaches	15 Philly Steak & Cheese Lentil Soup Pears
18 Chicken Breast Sandwich Oven Fries Bean Salad Pineapple	19 BIRTHDAY LUNCH Pork Chops Potatoes Mixed Vegetables Applesauce Dessert	20 Pizza Antipasto Salad Fruit Cocktail	21 THANKSGIVING PARTY CODE 308353 \$12 Pre-registration Re- quired	22 Chicken & Rice Hummus Wrap Cabbage Soup Banana
25 Fish Baked Potato Coleslaw Orange	26 Maurice Salad Jell-O with Fruit Whole Wheat Roll	27 Bratwurst Sauerkraut Potato Pancake Applesauce	28 NO LUNCH HAPPY THANKSGIVING SAC BUILDING CLOSED	29 NO LUNCH HOLIDAY SAC BUILDING CLOSED

All meals are served with Milk and a Whole Grain bread option. A suggested donation of \$4.00 (60+) and \$5.00 (Under 60). The kitchen is open Monday through Friday at 11:30 AM. You do not need to be a member to eat lunch, but you must sign up at the Senior Center one week in advance. Sign up sheets are posted 1 week ahead of time. Thank you for your cooperation.