

JANUARY

Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
		NO LUNCH	NO LUNCH	NO LUNCH
6 Waffle w/ Berries Sausage Yogurt Vegetable Juice	7 Chicken Pie Mashed Potatoes Green Beans Orange	8 Pork Quesadilla Black Beans Mexican Rice Banana	9 Meatloaf Roasted Potatoes Peas Pears	10 Quiche Lorraine Spinach Salad Whole Wheat Roll Apple
13 Sloppy Joe Oven Fries Cauliflower Pears	BIRTHDAY LUNCH Pork Chops Potato Mixed Vegetables Applesauce	15 Turkey Chili Baked Potato Broccoli Apple	16 Ham & Cheddar Quiche Chicken Rice Soup Pineapple	17 Reuben Sandwich Cabbage Soup Grapes
20 Fish Oven Potatoes Coleslaw Pineapple	21 Maurice Salad Whole Wheat Roll Jell-O With Fruit	22 Taco Pie Enchilada Soup Broccoli Apple	23 Baked Ziti Italian Sausage Green Beans Pears	24 Meatball Sub Minestrone Soup Peaches
27 Roast Beef Provolone Wrap Spinach Salad Pears	28 Chicken Caesar Salad Whole Wheat Roll Jell-O with Fruit	29 Bratwurst on Bun Baked Beans Broccoli Salad Orange	30 Stuffed Peppers Cauliflower Roasted Potatoes Fruit Cocktail	31 Tuna Melt Wedding Soup Beet Salad Grapes

All meals are served with Milk and a Whole Grain bread option. A suggested donation of \$4.00 (60+) and a \$5.00 (Under 60 years). The kitchen is open Monday through Friday at 11:30 AM. You do not need to be a member to eat lunch, but you must sign up at the Senior Center one week in advance. Sign up sheets are posted 1 week ahead of time. In the main hallway. Thank you for your cooperation.

FEBRUARY

<p>Monday</p> <p>3</p> <p>Ham & Cheddar Bagel</p> <p>Kidney Bean Salad</p> <p>Oven Fries</p> <p>Orange</p>	<p>Tuesday</p> <p>4</p> <p>BIRTHDAY LUNCH</p> <p>Pork Chop</p> <p>Baked Potato</p> <p>Mixed Vegetable</p> <p>Applesauce</p> <p>Birthday Cake</p>	<p>Wednesday</p> <p>5</p> <p>Patty Melt</p> <p>French Fries</p> <p>Broccoli Salad</p> <p>Pineapple</p>	<p>Thursday</p> <p>6</p> <p>Chicken Pie</p> <p>Mashed Potatoes</p> <p>Pear</p>	<p>Friday</p> <p>7</p> <p>Quiche Lorraine</p> <p>Chicken Soup</p> <p>Banana</p>
<p>10</p> <p>Chicken Patty Sandwich</p> <p>Oven Potatoes</p> <p>Broccoli Salad</p> <p>Peaches</p>	<p>11</p> <p>Meat Loaf</p> <p>Mashed Potatoes</p> <p>Peas</p> <p>Apple</p>	<p>12</p> <p>Pizza</p> <p>Salad</p> <p>Mixed Fruit</p>	<p>VALENTINES PARTY</p> <p>Pre-registration & Payment Required (\$12)</p> <p>CODE: 308351</p>	<p>14</p> <p>Philly Steak & Cheese Sub</p> <p>Squash Soup</p> <p>Pears</p>
<p>17</p> <p>CLOSED</p> <p>PRESIDENTS DAY</p>	<p>18</p> <p>Loose Hamburger</p> <p>Potatoes</p> <p>3 Bean Salad</p> <p>Apple</p>	<p>19</p> <p>Chicken Caesar Salad</p> <p>Whole Wheat Roll</p> <p>Banana</p>	<p>20</p> <p>Ham & Cheddar Quiche</p> <p>Broccoli Soup</p> <p>Pineapple</p>	<p>21</p> <p>Spinach Pie</p> <p>Greek Salad</p> <p>Pita Bread</p> <p>Orange</p>
<p>24</p> <p>BBQ Pork Sandwich</p> <p>Roasted Potatoes</p> <p>Broccoli</p> <p>Orange</p>	<p>25</p> <p>Maurice Salad</p> <p>Jell-O with Fruit</p> <p>Whole Wheat Roll</p>	<p>26</p> <p>Stuffed Peppers</p> <p>Mashed Potatoes</p> <p>Green Beans</p> <p>Pear</p>	<p>27</p> <p>Upside down Chicken Pie</p> <p>Mashed Potatoes</p> <p>Carrots</p> <p>Apple</p>	<p>28</p> <p>Seafood Cakes</p> <p>Rice</p> <p>Mixed Vegetables</p> <p>Pineapple</p>

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